

ACBHD Adult/Older Adult System of Care & Health Equity Division are pleased to offer a
FREE training on:

Decolonizing Mental Health and Substance Use Treatment

The same training will be offered on two different dates,
please choose only one:

September 4th from 1-3pm

https://us06web.zoom.us/join/9tJfVh3DqOw1Pb_KzJltw

September 12th from 2-4pm

https://us06web.zoom.us/join/9tJfVh3DqOw1Pb_KzJltw

Location: Zoom

(The webinar link will be emailed to registered participants a few days before the training)

Target Audience: Alameda County Behavioral Health Department staff and it's contracted providers. This includes for both our Substance Use Treatment system (DMC-ODS) and our Mental Health treatment systems (MHP).

Trainer(s): Danielle Herrera, LMFT is a psychotherapist in Oakland where she specializes in harm reduction. She practices with attunement to systemic oppressions and violence that impact the individual within a complicated ecosystem. She enjoys working with folks experiencing spiritual emergence, Queer BI&POC, people who use drugs and other outside the mainstream.

Rebekah Bartholomew, PsyD is a psychologist who works with a wide range of individuals in providing social justice oriented psychotherapeutic support to a diverse group of people at Alchemy Community Therapy Center. She tends to use a cognitive-behavioral approach while also utilizing depth psychology, internal family systems, and mindfulness techniques within therapy.

Description: Mainstream models of care have historically been rooted in Western perspectives often based in oppressive systems that marginalize the cultural, historical, and social realities of Indigenous peoples, people of color, LGBTQ+ folks, and other communities. This training will explore elements involved in decolonizing mental health treatment such as addressing historical harm, examining healing on the relational and community level, combatting systemic racism and oppression, and self-exploration towards collective liberation.

Learning Objectives – at the end of the training, participants will be able to:

1. Name at least three impacts of colonization on the field of behavioral health.
2. Name at least three ways to integrate a decolonized practice into treatment of clients with co-occurring mental health and substance use treatment needs.
3. Name two examples of how providers may become attuned to systems of oppression while working in mental health and substance use treatment services.

Accommodations or Grievance? For disability or reasonable accommodation requests, or a grievance about an ACBHD training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training to allow time to make arrangements.

REGISTRATION:

See registration links under the dates of the training to the left.

Please only register for one training.

For registration help, questions, general assistance, or to cancel please contact:
Juliene.Schrick@acgov.org

Continuing Education (CE)

CE credit is ONLY provided for County and ACBH contracted Provider staff.

This course meets the qualifications for 2 hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBH maintains responsibility for this program/course and its content.

Please note: in order to receive CE credit from an ACBH virtual training it is the participant's responsibility to (1) attend the full training, (2) fill in an evaluation, and (3) complete a post-test with a passing score of at least 70%.

CE Certificates will be emailed to qualifying training participants within 30 days after the training.